

Preventive Wellness: A Smarter Path to Health and Savings

Preventive care is essential for reducing healthcare costs and creating a healthier, more productive workforce. By addressing potential health issues early, organizations can avoid costly healthcare and long-term employee complications. However, motivating employees to take preventive action can be challenging.

IncentFit makes it easier by offering **meaningful and timely incentives** for key activities like **annual check-ups**, **screenings**, **immunizations**, and other regular healthy behaviors. These rewards encourage employees to prioritize their health, resulting in early detection and reduced healthcare costs.

Preventive Health Actions

IncentFit empowers organizations to promote proactive health behaviors by rewarding key activities, including:

- Annual Check-ups
- Dental Visits
- Pre-Cancer Screenings
- Immunizations

The Cost Savings Benefits to Preventive Care

Prioritizing preventive care benefits employees and organizations alike, offering key advantages such as:



Early interventions lower the likelihood of expensive treatments and **reduce healthcare costs** by up to 25%.



Healthy employees take fewer sick days, reducing **presenteeism and absenteeism** by up to 27%.



84% of organizations with wellness programs see increased employee **performance and productivity**.



Employees with wellness programs are 1.5X more likely to stay and 3X more likely to **recommend their employer**.

These outcomes stem from fostering a culture where preventive health is prioritized and rewarded.

Meaningful, Timely Incentives to Encourage Preventive Care

Offering meaningful and timely incentives ensures that employees stay motivated to engage in preventive health activities. IncentFit helps organizations implement impactful incentives like: **financial bonuses**, **contributions to HSA/HRA accounts**, or **extra paid time off**. These rewards build participation, enhance employee satisfaction, and reinforce a culture of wellness.

Ready to Build a Healthier Workforce?

Discover how IncentFit's Preventive Care can transform your approach to employee wellness. Our solutions help you incentivize healthy behaviors, enhance productivity, and reduce costs, all while fostering a culture of well-being.



Book a Demo!