



Empower

Wellness with an Individualized Approach

IncentFit Empower provides a **personalized approach to wellness**, supporting employees on their unique wellness journeys. By offering tailored recommendations based on individual goals, Empower enables employees to take control of their personal wellness. This individualized experience **fosters long-term engagement** and **drives sustainable change**.

Empower offers an array of tools and resources designed to address:

 Exercise

 Financial

 Nutrition

 Environmental

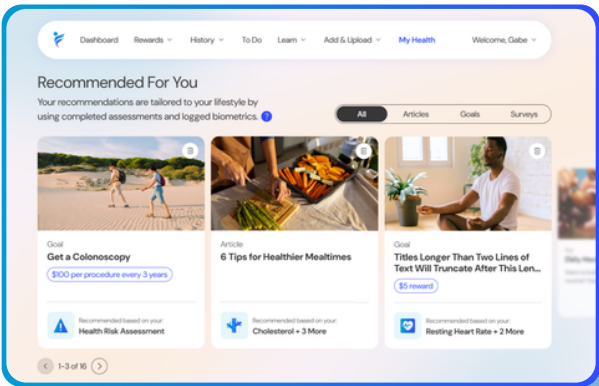
 Mental

 Occupational

 Sleep

 Disease Management

 Social

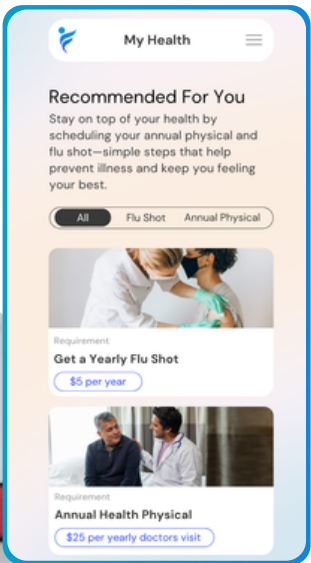


With IncentFit, **up to 60% of employees will participate** in wellness initiatives compared to traditional wellness programs.

What's Included?

Empower's comprehensive platform is designed to meet employees where they are on their wellness journey. With a variety of **engaging features**, it offers personalized support and actionable tools to help employees achieve their health goals.

- Individualized Wellness
- Real-Time Rewards
- Health Literacy
- Biometrics and HRAs
- Personal Recommendations
- Team Challenges



Join the Wellness Revolution

Experience the wellness revolution and discover how IncentFit can turn your workplace into a vibrant hub of health and productivity.



Book a Demo!